|  | <!DOCTYPE html> |
| --- | --- |
|  | <html lang="en" dir="ltr"> |
|  | <head> |
|  | <meta charset="utf-8" /> |
|  | <script async src="<https://www.googletagmanager.com/gtag/js?id=G-Q15C3RFXR5>"></script> |
|  | <script>window.dataLayer = window.dataLayer || [];function gtag(){dataLayer.push(arguments)};gtag("js", new Date());gtag("set", "developer\_id.dMDhkMT", true);gtag("config", "G-Q15C3RFXR5", {"groups":"default","page\_placeholder":"PLACEHOLDER\_page\_location"});gtag("config", "UA-1254336-21", {"groups":"default","anonymize\_ip":true,"page\_placeholder":"PLACEHOLDER\_page\_path"});</script> |
|  | <link rel="canonical" href="<https://health.uoregon.edu/duck-nest>" /> |
|  | <meta name="Generator" content="Drupal 10 (https://www.drupal.org)" /> |
|  | <meta name="MobileOptimized" content="width" /> |
|  | <meta name="HandheldFriendly" content="true" /> |
|  | <meta name="viewport" content="width=device-width, initial-scale=1.0" /> |
|  | <meta name="msapplication-config" content="/modules/contrib/uo\_core/browserconfig.xml" /> |
|  | <link rel="icon" href="[/themes/contrib/uo\_cosmic\_theme/favicon.ico](https://health.uoregon.edu/themes/contrib/uo_cosmic_theme/favicon.ico)" type="image/vnd.microsoft.icon" /> |
|  | <link rel="icon" href="[/modules/contrib/uo\_core/uo-web-design-framework/images/favicons/favicon-32x32.png](https://health.uoregon.edu/modules/contrib/uo_core/uo-web-design-framework/images/favicons/favicon-32x32.png)" /> |
|  | <link rel="icon" href="[/modules/contrib/uo\_core/uo-web-design-framework/images/favicons/favicon-16x16.png](https://health.uoregon.edu/modules/contrib/uo_core/uo-web-design-framework/images/favicons/favicon-16x16.png)" /> |
|  | <link rel="apple-touch-icon" sizes="180x180" href="[/modules/contrib/uo\_core/uo-web-design-framework/images/favicons/apple-touch-icon.png](https://health.uoregon.edu/modules/contrib/uo_core/uo-web-design-framework/images/favicons/apple-touch-icon.png)" /> |
|  | <link rel="manifest" href="[/modules/contrib/uo\_core/manifest.json](https://health.uoregon.edu/modules/contrib/uo_core/manifest.json)" /> |
|  |  |
|  | <title>Duck Nest | University Health Services</title> |
|  | <meta name="theme-color" content="#154733"> |
|  | <meta name="msapplication-navbutton-color" content="#154733"> |
|  | <meta name="apple-mobile-web-app-status-bar-style" content="#154733"> |
|  | <link rel="stylesheet" media="all" href="[/sites/default/files/css/css\_dxu8c0qxAEc5boc1zie-IU0iW2l8OgDyPUi4o0Y8aVs.css?delta=0&amp;language=en&amp;theme=cosmic&amp;include=eJxtj-sOwiAMhV9ojEciHdSBUkpayKJPL5LoYvRfz6XJd0AVm0vlir6xWK-6BtCIweWkzQ29wG8lIuQWZ6p3bUh2A8XFs1LyXzehKuyoQwvawkKQ0wOXzm46Fy7NwIHKdJqdzYGbCahpL-YiQHiw3IxnqhnbLA4o-rRf4v\_LZKkgsAvUqDZIr5DX01l7qX0bY8fmN3ThgE9GNW0b](https://health.uoregon.edu/sites/default/files/css/css_dxu8c0qxAEc5boc1zie-IU0iW2l8OgDyPUi4o0Y8aVs.css?delta=0&language=en&theme=cosmic&include=eJxtj-sOwiAMhV9ojEciHdSBUkpayKJPL5LoYvRfz6XJd0AVm0vlir6xWK-6BtCIweWkzQ29wG8lIuQWZ6p3bUh2A8XFs1LyXzehKuyoQwvawkKQ0wOXzm46Fy7NwIHKdJqdzYGbCahpL-YiQHiw3IxnqhnbLA4o-rRf4v_LZKkgsAvUqDZIr5DX01l7qX0bY8fmN3ThgE9GNW0b)" /> |
|  | <link rel="stylesheet" media="all" href="<https://cdn.uoregon.edu/uocdn1/uo-web-design-framework/Releases/24.07/v1/css/styles-drupal8.css>" /> |
|  | <link rel="stylesheet" media="all" href="[/sites/default/files/css/css\_wS2qgueN3P88mbsVS8-4EKaYtbsa2zBFDAAUbKMSYTM.css?delta=2&amp;language=en&amp;theme=cosmic&amp;include=eJxtj-sOwiAMhV9ojEciHdSBUkpayKJPL5LoYvRfz6XJd0AVm0vlir6xWK-6BtCIweWkzQ29wG8lIuQWZ6p3bUh2A8XFs1LyXzehKuyoQwvawkKQ0wOXzm46Fy7NwIHKdJqdzYGbCahpL-YiQHiw3IxnqhnbLA4o-rRf4v\_LZKkgsAvUqDZIr5DX01l7qX0bY8fmN3ThgE9GNW0b](https://health.uoregon.edu/sites/default/files/css/css_wS2qgueN3P88mbsVS8-4EKaYtbsa2zBFDAAUbKMSYTM.css?delta=2&language=en&theme=cosmic&include=eJxtj-sOwiAMhV9ojEciHdSBUkpayKJPL5LoYvRfz6XJd0AVm0vlir6xWK-6BtCIweWkzQ29wG8lIuQWZ6p3bUh2A8XFs1LyXzehKuyoQwvawkKQ0wOXzm46Fy7NwIHKdJqdzYGbCahpL-YiQHiw3IxnqhnbLA4o-rRf4v_LZKkgsAvUqDZIr5DX01l7qX0bY8fmN3ThgE9GNW0b)" /> |
|  | <link rel="stylesheet" media="all" href="<https://cdn.uoregon.edu/uocdn1/uo-web-design-framework/Universal/stable-assets/fontawesome-free-6.5.1-web/css/all.min.css>" /> |
|  | <link rel="stylesheet" media="all" href="[/sites/default/files/css/css\_g19JqPpFkz2ImclCPB\_3QLQXqVSnBYKj3ggpmMd3jRk.css?delta=4&amp;language=en&amp;theme=cosmic&amp;include=eJxtj-sOwiAMhV9ojEciHdSBUkpayKJPL5LoYvRfz6XJd0AVm0vlir6xWK-6BtCIweWkzQ29wG8lIuQWZ6p3bUh2A8XFs1LyXzehKuyoQwvawkKQ0wOXzm46Fy7NwIHKdJqdzYGbCahpL-YiQHiw3IxnqhnbLA4o-rRf4v\_LZKkgsAvUqDZIr5DX01l7qX0bY8fmN3ThgE9GNW0b](https://health.uoregon.edu/sites/default/files/css/css_g19JqPpFkz2ImclCPB_3QLQXqVSnBYKj3ggpmMd3jRk.css?delta=4&language=en&theme=cosmic&include=eJxtj-sOwiAMhV9ojEciHdSBUkpayKJPL5LoYvRfz6XJd0AVm0vlir6xWK-6BtCIweWkzQ29wG8lIuQWZ6p3bUh2A8XFs1LyXzehKuyoQwvawkKQ0wOXzm46Fy7NwIHKdJqdzYGbCahpL-YiQHiw3IxnqhnbLA4o-rRf4v_LZKkgsAvUqDZIr5DX01l7qX0bY8fmN3ThgE9GNW0b)" /> |
|  | <link rel="stylesheet" media="all" href="[/sites/default/files/css/css\_MdjxP4whlhEksF3MZgP8n1FT4tcxrkXR\_f7zDmp7hjo.css?delta=5&amp;language=en&amp;theme=cosmic&amp;include=eJxtj-sOwiAMhV9ojEciHdSBUkpayKJPL5LoYvRfz6XJd0AVm0vlir6xWK-6BtCIweWkzQ29wG8lIuQWZ6p3bUh2A8XFs1LyXzehKuyoQwvawkKQ0wOXzm46Fy7NwIHKdJqdzYGbCahpL-YiQHiw3IxnqhnbLA4o-rRf4v\_LZKkgsAvUqDZIr5DX01l7qX0bY8fmN3ThgE9GNW0b](https://health.uoregon.edu/sites/default/files/css/css_MdjxP4whlhEksF3MZgP8n1FT4tcxrkXR_f7zDmp7hjo.css?delta=5&language=en&theme=cosmic&include=eJxtj-sOwiAMhV9ojEciHdSBUkpayKJPL5LoYvRfz6XJd0AVm0vlir6xWK-6BtCIweWkzQ29wG8lIuQWZ6p3bUh2A8XFs1LyXzehKuyoQwvawkKQ0wOXzm46Fy7NwIHKdJqdzYGbCahpL-YiQHiw3IxnqhnbLA4o-rRf4v_LZKkgsAvUqDZIr5DX01l7qX0bY8fmN3ThgE9GNW0b)" /> |
|  | <link rel="stylesheet" media="all" href="[/sites/default/files/css/css\_OBw4deLesGi-9ctq7ezmx7o\_U4NQ\_tZUH2sZHiPaDa0.css?delta=6&amp;language=en&amp;theme=cosmic&amp;include=eJxtj-sOwiAMhV9ojEciHdSBUkpayKJPL5LoYvRfz6XJd0AVm0vlir6xWK-6BtCIweWkzQ29wG8lIuQWZ6p3bUh2A8XFs1LyXzehKuyoQwvawkKQ0wOXzm46Fy7NwIHKdJqdzYGbCahpL-YiQHiw3IxnqhnbLA4o-rRf4v\_LZKkgsAvUqDZIr5DX01l7qX0bY8fmN3ThgE9GNW0b](https://health.uoregon.edu/sites/default/files/css/css_OBw4deLesGi-9ctq7ezmx7o_U4NQ_tZUH2sZHiPaDa0.css?delta=6&language=en&theme=cosmic&include=eJxtj-sOwiAMhV9ojEciHdSBUkpayKJPL5LoYvRfz6XJd0AVm0vlir6xWK-6BtCIweWkzQ29wG8lIuQWZ6p3bUh2A8XFs1LyXzehKuyoQwvawkKQ0wOXzm46Fy7NwIHKdJqdzYGbCahpL-YiQHiw3IxnqhnbLA4o-rRf4v_LZKkgsAvUqDZIr5DX01l7qX0bY8fmN3ThgE9GNW0b)" /> |
|  |  |
|  | <script src="<https://cdn.uoregon.edu/uocdn1/uo-web-design-framework/Releases/24.07/v1/js/uowdf-init.js>"></script> |
|  |  |
|  | </head> |
|  | <body class="licensed-fonts-enabled path-node page-node-type-marketing-page uowdf--mobile-menu drupal-8"> |
|  | <a href="[#main-content](https://health.uoregon.edu/duck-nest#main-content)" class="visually-hidden focusable skip-link"> |
|  | Skip to main content |
|  | </a> |
|  |  |
|  |  |
|  |  |
|  |  |
|  |  |
|  | <div class="uoheader uowdf-search-dialog--enabled"> |
|  | <div class="uoheader\_\_container" style="max-width: px;"> |
|  |  |
|  | <div class="uoheader\_\_logo-container"> |
|  | <a href="[https://uoregon.edu?utm\_source=banner-module&amp;utm\_campaign=banner](https://uoregon.edu/?utm_source=banner-module&utm_campaign=banner)" rel="home"> |
|  | <img src="[/modules/contrib/uo\_core/uo-web-design-framework/images/uo-logo.svg](https://health.uoregon.edu/modules/contrib/uo_core/uo-web-design-framework/images/uo-logo.svg)" alt="University of Oregon" /> |
|  | </a> |
|  | </div> |
|  |  |
|  | <div class="uoheader\_\_links-container"> |
|  | <nav class="uoheader\_\_audience-selector uowd-dropdown" id="audience-selector"> |
|  | <button class="uoheader\_\_audience-selector\_\_button uowd-dropdown\_\_button" id="uoheader\_\_audience-selector\_\_button" aria-label="myUOHealth">myUOHealth</button> |
|  | <ul class="uoheader\_\_audience-selector\_\_list uowd-dropdown\_\_display" id="uoheader\_\_audience-selector\_\_list"> |
|  | <li class="uoheader\_\_audience-selector\_\_link"><a href="<https://uoregon.medicatconnect.com/Shibboleth.sso/Login?entityID=https%3A//shibboleth.uoregon.edu/idp/shibboleth>">Login</a></li> |
|  | </ul> |
|  | </nav> |
|  |  |
|  | <div class="uoheader\_\_links-background"> |
|  | <nav id="banner-links"> |
|  | <ul class="uoheader\_\_links"> |
|  | <li class="uoheader\_\_link"> |
|  | <a href="[https://www.uoregon.edu/onestop?utm\_source=banner-module&amp;utm\_campaign=banner](https://www.uoregon.edu/onestop?utm_source=banner-module&utm_campaign=banner)">One Stop</a> |
|  | </li> |
|  | <li class="uoheader\_\_link"> |
|  | <a href="[https://uoregon.edu/apply?utm\_source=banner-module&amp;utm\_campaign=banner](https://uoregon.edu/apply?utm_source=banner-module&utm_campaign=banner)">Apply</a> |
|  | </li> |
|  | <li class="uoheader\_\_link"> |
|  | <a href="[https://visit.uoregon.edu?utm\_source=banner-module&amp;utm\_campaign=banner](https://visit.uoregon.edu/?utm_source=banner-module&utm_campaign=banner)">Visit</a> |
|  | </li> |
|  | <li class="uoheader\_\_link"> |
|  | <a href="[http://giving.uoregon.edu/s/1540/development/start.aspx?gid=2&amp;pgid=61?utm\_source=banner-module&amp;utm\_campaign=banner](http://giving.uoregon.edu/s/1540/development/start.aspx?gid=2&pgid=61?utm_source=banner-module&utm_campaign=banner)">Give</a> |
|  | </li> |
|  | </ul> |
|  | </nav> |
|  | <div class="uoheader\_\_search"> |
|  | <a class="uoheader\_\_search\_\_button" id="uobanner-search" href="[/search](https://health.uoregon.edu/search)">Search</a> |
|  | </div> |
|  | </div> |
|  | </div> |
|  |  |
|  | <div class="uowdf-search-dialog" role="search"> |
|  | <button class="uowdf-search-dialog\_\_close" id="seach-close-button" aria-label="Close Search"></button> |
|  | <div class="uowdf-search-dialog\_\_search-region"> |
|  | <div class="search-block-form block block-search container-inline" data-drupal-selector="search-block-form" id="block-cosmic-search" role="search"> |
|  |  |
|  | <h2>Search this site</h2> |
|  |  |
|  | <form action="/search/node" method="get" id="search-block-form" accept-charset="UTF-8"> |
|  | <div class="js-form-item form-item js-form-type-search form-type-search js-form-item-keys form-item-keys form-no-label"> |
|  | <label for="edit-keys" class="visually-hidden">Search</label> |
|  | <input title="Enter the terms you wish to search for." data-drupal-selector="edit-keys" type="search" id="edit-keys" name="keys" value="" size="15" maxlength="128" class="form-search" /> |
|  |  |
|  | </div> |
|  | <div data-drupal-selector="edit-actions" class="form-actions js-form-wrapper form-wrapper" id="edit-actions"><input data-drupal-selector="edit-submit" type="submit" id="edit-submit" value="Search" class="button js-form-submit form-submit" /> |
|  | </div> |
|  |  |
|  | </form> |
|  |  |
|  | </div> |
|  |  |
|  | </div> |
|  | </div> |
|  |  |
|  | <div class="uoheader\_\_mobile"> |
|  | <a class="uowdf-mobile-search-button" id="uowdf-mobile-search-button" href="[/search](https://health.uoregon.edu/search)">Search</a> |
|  | <button class="uowdf-mobile-menu\_\_button\_\_new" id="uowdf-mobile-menu\_\_button" aria-label="Navigation" aria-expanded="false" aria-haspopup="true" aria-controls="uobanner-sidebar"> |
|  | <div class="uowdf-mobile-menu\_\_button\_\_new-bar-1"></div> |
|  | <div class="uowdf-mobile-menu\_\_button\_\_new-bar-2"></div> |
|  | <div class="uowdf-mobile-menu\_\_button\_\_new-bar-3"></div> |
|  | <div class="uowdf-mobile-menu\_\_button\_\_text">Menu</div> |
|  | </button> |
|  | </div> |
|  |  |
|  | </div> |
|  | </div> |
|  | <div class="uowdf-mobile-menu\_\_container"> |
|  | <div class="uowdf-mobile-menu" id="uowdf-mobile-menu" data-menu-id="0"> |
|  |  |
|  |  |
|  |  |
|  | <h1 class="uowdf-mobile-menu\_\_title">University Health Services Menu</h1> |
|  | <nav class="uowdf-mobile-menu\_\_menu uowdf-mobile-menu--accordions"> |
|  | <ul class="uowdf-mobile-menu\_\_list" id="uowdf-mobile-menu\_\_list"> |
|  |  |
|  | <li class="uowdf-mobile-menu\_\_list-item has-submenu is-leaflet"> |
|  | <button class="uowdf-mobile-menu\_\_accordion-button" data-depth="0">Medical Care</button> |
|  | <div class="uowdf-mobile-menu\_\_submenu" data-menu-id="1" data-parent-menu-id="0"> |
|  |  |
|  |  |
|  |  |
|  |  |
|  | <ul class="uowdf-mobile-menu\_\_list"> |
|  |  |
|  | <li class="uowdf-mobile-menu\_\_list-item"> |
|  | <a href="[/medical-care](https://health.uoregon.edu/medical-care)" class="uowdf-mobile-menu\_\_link" data-drupal-link-system-path="node/5">Medical Care Overview</a> |
|  | </li> |
|  |  |
|  | <li class="uowdf-mobile-menu\_\_list-item"> |
|  | <button class="uowdf-mobile-menu\_\_accordion-button" data-depth="1">Primary Care</button> |
|  | <div class="uowdf-mobile-menu\_\_submenu" data-menu-id="12" data-parent-menu-id="1"> |
|  |  |
|  |  |
|  |  |
|  |  |
|  | <ul class="uowdf-mobile-menu\_\_list uowdf-mobile-menu--depth-2"> |
|  |  |
|  | <li class="uowdf-mobile-menu\_\_list-item"> |
|  | <a href="[/primary-care](https://health.uoregon.edu/primary-care)" class="uowdf-mobile-menu\_\_link" data-drupal-link-system-path="node/98">Primary Care Overview</a> |
|  | </li> |
|  |  |
|  | <li class="uowdf-mobile-menu\_\_list-item"> |
|  | <a href="[/allergy-and-asthma](https://health.uoregon.edu/allergy-and-asthma)" class="uowdf-mobile-menu\_\_link uowdf-mobile-menu\_\_link--leaf" data-drupal-link-system-path="node/48">Allergy and Asthma</a> |
|  | </li> |
|  | <li class="uowdf-mobile-menu\_\_list-item"> |
|  | <a href="[/anxiety-disorders](https://health.uoregon.edu/anxiety-disorders)" class="uowdf-mobile-menu\_\_link uowdf-mobile-menu\_\_link--leaf" data-drupal-link-system-path="node/268">Anxiety Disorders</a> |
|  | </li> |
|  | <li class="uowdf-mobile-menu\_\_list-item"> |
|  | <a href="[/adhd](https://health.uoregon.edu/adhd)" class="uowdf-mobile-menu\_\_link uowdf-mobile-menu\_\_link--leaf" data-drupal-link-system-path="node/55">Attention-Deficit/Hyperactivity Disorder</a> |
|  | </li> |
|  | <li class="uowdf-mobile-menu\_\_list-item"> |
|  | <a href="[/communicable-disease-support](https://health.uoregon.edu/communicable-disease-support)" class="uowdf-mobile-menu\_\_link uowdf-mobile-menu\_\_link--leaf" data-drupal-link-system-path="node/269">Communicable Disease Support</a> |
|  | </li> |
|  | <li class="uowdf-mobile-menu\_\_list-item"> |
|  | <a href="[/depression-other-mood-disorders](https://health.uoregon.edu/depression-other-mood-disorders)" class="uowdf-mobile-menu\_\_link uowdf-mobile-menu\_\_link--leaf" data-drupal-link-system-path="node/270">Depression and Other Mood Disorders</a> |
|  | </li> |
|  | <li class="uowdf-mobile-menu\_\_list-item"> |
|  | <a href="[/eating-disorders](https://health.uoregon.edu/eating-disorders)" class="uowdf-mobile-menu\_\_link uowdf-mobile-menu\_\_link--leaf" data-drupal-link-system-path="node/257">Eating Disorders</a> |
|  | </li> |
|  | <li class="uowdf-mobile-menu\_\_list-item"> |
|  | <a href="[/emotional-support-animals](https://health.uoregon.edu/emotional-support-animals)" class="uowdf-mobile-menu\_\_link uowdf-mobile-menu\_\_link--leaf" data-drupal-link-system-path="node/271">Emotional Support Animals</a> |
|  | </li> |
|  | <li class="uowdf-mobile-menu\_\_list-item"> |
|  | <a href="[/faculty-and-staff-services](https://health.uoregon.edu/faculty-and-staff-services)" class="uowdf-mobile-menu\_\_link uowdf-mobile-menu\_\_link--leaf" data-drupal-link-system-path="node/23">Faculty and Staff Services</a> |
|  | </li> |
|  | <li class="uowdf-mobile-menu\_\_list-item"> |
|  | <a href="[/immunizations](https://health.uoregon.edu/immunizations)" class="uowdf-mobile-menu\_\_link uowdf-mobile-menu\_\_link--leaf" data-drupal-link-system-path="node/53">Immunizations, Titers, and Tuberculosis Screening</a> |
|  | </li> |
|  | <li class="uowdf-mobile-menu\_\_list-item"> |
|  | <a href="[/lgbtqia-services](https://health.uoregon.edu/lgbtqia-services)" class="uowdf-mobile-menu\_\_link uowdf-mobile-menu\_\_link--leaf" data-drupal-link-system-path="node/49">LGBTQIA+ Services</a> |
|  | </li> |
|  | <li class="uowdf-mobile-menu\_\_list-item"> |
|  | <a href="[/sexual-assault-medical-support](https://health.uoregon.edu/sexual-assault-medical-support)" class="uowdf-mobile-menu\_\_link uowdf-mobile-menu\_\_link--leaf" data-drupal-link-system-path="node/52">Sexual Assault Medical Support</a> |
|  | </li> |
|  | <li class="uowdf-mobile-menu\_\_list-item"> |
|  | <a href="[/sexual-health-contraception](https://health.uoregon.edu/sexual-health-contraception)" class="uowdf-mobile-menu\_\_link uowdf-mobile-menu\_\_link--leaf" data-drupal-link-system-path="node/43">Sexual Health: Contraception and Pregnancy</a> |
|  | </li> |
|  | <li class="uowdf-mobile-menu\_\_list-item"> |
|  | <a href="[/sexual-health-hiv](https://health.uoregon.edu/sexual-health-hiv)" class="uowdf-mobile-menu\_\_link uowdf-mobile-menu\_\_link--leaf" data-drupal-link-system-path="node/275">Sexual Health: HIV, PrEP, and PEP</a> |
|  | </li> |
|  | <li class="uowdf-mobile-menu\_\_list-item"> |
|  | <a href="[/sexual-health-stis](https://health.uoregon.edu/sexual-health-stis)" class="uowdf-mobile-menu\_\_link uowdf-mobile-menu\_\_link--leaf" data-drupal-link-system-path="node/274">Sexual Health: Sexually Transmitted Infections</a> |
|  | </li> |
|  | <li class="uowdf-mobile-menu\_\_list-item"> |
|  | <a href="[/telemedicine](https://health.uoregon.edu/telemedicine)" class="uowdf-mobile-menu\_\_link uowdf-mobile-menu\_\_link--leaf" data-drupal-link-system-path="node/272">Telemedicine</a> |
|  | </li> |
|  | <li class="uowdf-mobile-menu\_\_list-item"> |
|  | <a href="[/transgender-care](https://health.uoregon.edu/transgender-care)" class="uowdf-mobile-menu\_\_link uowdf-mobile-menu\_\_link--leaf" data-drupal-link-system-path="node/86">Transgender Care</a> |
|  | </li> |
|  | <li class="uowdf-mobile-menu\_\_list-item"> |
|  | <a href="[/travel-medicine](https://health.uoregon.edu/travel-medicine)" class="uowdf-mobile-menu\_\_link uowdf-mobile-menu\_\_link--leaf" data-drupal-link-system-path="node/50">Travel Medicine</a> |
|  | </li> |
|  | </ul> |
|  | </div> |
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|  | </li> |
|  | <li class="uowdf-mobile-menu\_\_list-item"> |
|  | <button class="uowdf-mobile-menu\_\_accordion-button" data-depth="1">Acute Care</button> |
|  | <div class="uowdf-mobile-menu\_\_submenu" data-menu-id="13" data-parent-menu-id="1"> |
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|  | <ul class="uowdf-mobile-menu\_\_list uowdf-mobile-menu--depth-2"> |
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|  | <li class="uowdf-mobile-menu\_\_list-item"> |
|  | <a href="[/acute-care](https://health.uoregon.edu/acute-care)" class="uowdf-mobile-menu\_\_link" data-drupal-link-system-path="node/87">Acute Care Overview</a> |
|  | </li> |
|  |  |
|  | <li class="uowdf-mobile-menu\_\_list-item"> |
|  | <a href="[/self-care-viral-illness](https://health.uoregon.edu/self-care-viral-illness)" class="uowdf-mobile-menu\_\_link uowdf-mobile-menu\_\_link--leaf" data-drupal-link-system-path="node/263">Colds, Flu, Sore Throats</a> |
|  | </li> |
|  | <li class="uowdf-mobile-menu\_\_list-item"> |
|  | <a href="[/guidance-covid-19-cases](https://health.uoregon.edu/guidance-covid-19-cases)" class="uowdf-mobile-menu\_\_link uowdf-mobile-menu\_\_link--leaf" data-drupal-link-system-path="node/264">Guidance for COVID-19 Cases</a> |
|  | </li> |
|  | </ul> |
|  | </div> |
|  |  |
|  | </li> |
|  | <li class="uowdf-mobile-menu\_\_list-item"> |
|  | <button class="uowdf-mobile-menu\_\_accordion-button" data-depth="1">Sports Medicine</button> |
|  | <div class="uowdf-mobile-menu\_\_submenu" data-menu-id="14" data-parent-menu-id="1"> |
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|  | <ul class="uowdf-mobile-menu\_\_list uowdf-mobile-menu--depth-2"> |
|  |  |
|  | <li class="uowdf-mobile-menu\_\_list-item"> |
|  | <a href="[/sports-medicine-clinic](https://health.uoregon.edu/sports-medicine-clinic)" class="uowdf-mobile-menu\_\_link" data-drupal-link-system-path="node/41">Sports Medicine Overview</a> |
|  | </li> |
|  |  |
|  | <li class="uowdf-mobile-menu\_\_list-item"> |
|  | <a href="[/athletic-shoes-and-footwear](https://health.uoregon.edu/athletic-shoes-and-footwear)" class="uowdf-mobile-menu\_\_link uowdf-mobile-menu\_\_link--leaf" data-drupal-link-system-path="node/279">Athletic Shoes and Footwear</a> |
|  | </li> |
|  | <li class="uowdf-mobile-menu\_\_list-item"> |
|  | <a href="[/athletic-well-being](https://health.uoregon.edu/athletic-well-being)" class="uowdf-mobile-menu\_\_link uowdf-mobile-menu\_\_link--leaf" data-drupal-link-system-path="node/278">Athletic Well-Being</a> |
|  | </li> |
|  | <li class="uowdf-mobile-menu\_\_list-item"> |
|  | <a href="[/concussions](https://health.uoregon.edu/concussions)" class="uowdf-mobile-menu\_\_link uowdf-mobile-menu\_\_link--leaf" data-drupal-link-system-path="node/262">Concussions</a> |
|  | </li> |
|  | <li class="uowdf-mobile-menu\_\_list-item"> |
|  | <a href="[/covid-19-and-exercise](https://health.uoregon.edu/covid-19-and-exercise)" class="uowdf-mobile-menu\_\_link uowdf-mobile-menu\_\_link--leaf" data-drupal-link-system-path="node/265">COVID-19 and Exercise</a> |
|  | </li> |
|  | <li class="uowdf-mobile-menu\_\_list-item"> |
|  | <a href="[/durable-medical-equipment](https://health.uoregon.edu/durable-medical-equipment)" class="uowdf-mobile-menu\_\_link uowdf-mobile-menu\_\_link--leaf" data-drupal-link-system-path="node/277">Durable Medical Equipment</a> |
|  | </li> |
|  | <li class="uowdf-mobile-menu\_\_list-item"> |
|  | <a href="[/athletic-trainer](https://health.uoregon.edu/athletic-trainer)" class="uowdf-mobile-menu\_\_link uowdf-mobile-menu\_\_link--leaf" data-drupal-link-system-path="node/280">Rehabilitation and Athletic Trainer Evaluation and Treatment</a> |
|  | </li> |
|  | <li class="uowdf-mobile-menu\_\_list-item"> |
|  | <a href="[/sports-injuries](https://health.uoregon.edu/sports-injuries)" class="uowdf-mobile-menu\_\_link uowdf-mobile-menu\_\_link--leaf" data-drupal-link-system-path="node/281">Sports Injuries</a> |
|  | </li> |
|  | <li class="uowdf-mobile-menu\_\_list-item"> |
|  | <a href="[/sports-injury-prevention](https://health.uoregon.edu/sports-injury-prevention)" class="uowdf-mobile-menu\_\_link uowdf-mobile-menu\_\_link--leaf" data-drupal-link-system-path="node/282">Sports Injury Prevention</a> |
|  | </li> |
|  | <li class="uowdf-mobile-menu\_\_list-item"> |
|  | <a href="[/sports-medicine-imaging-services](https://health.uoregon.edu/sports-medicine-imaging-services)" class="uowdf-mobile-menu\_\_link uowdf-mobile-menu\_\_link--leaf" data-drupal-link-system-path="node/283">Sports Medicine Imaging Services</a> |
|  | </li> |
|  | </ul> |
|  | </div> |
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|  | </li> |
|  | <li class="uowdf-mobile-menu\_\_list-item"> |
|  | <button class="uowdf-mobile-menu\_\_accordion-button" data-depth="1">Specialty Care</button> |
|  | <div class="uowdf-mobile-menu\_\_submenu" data-menu-id="15" data-parent-menu-id="1"> |
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|  | <ul class="uowdf-mobile-menu\_\_list uowdf-mobile-menu--depth-2"> |
|  |  |
|  | <li class="uowdf-mobile-menu\_\_list-item"> |
|  | <a href="[/specialty-care](https://health.uoregon.edu/specialty-care)" class="uowdf-mobile-menu\_\_link" data-drupal-link-system-path="node/285">Specialty Care Overview</a> |
|  | </li> |
|  |  |
|  | <li class="uowdf-mobile-menu\_\_list-item"> |
|  | <a href="[/endocrinology](https://health.uoregon.edu/endocrinology)" class="uowdf-mobile-menu\_\_link uowdf-mobile-menu\_\_link--leaf" data-drupal-link-system-path="node/286">Endocrinology</a> |
|  | </li> |
|  | <li class="uowdf-mobile-menu\_\_list-item"> |
|  | <a href="[/gynecology](https://health.uoregon.edu/gynecology)" class="uowdf-mobile-menu\_\_link uowdf-mobile-menu\_\_link--leaf" data-drupal-link-system-path="node/287">Gynecology</a> |
|  | </li> |
|  | </ul> |
|  | </div> |
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|  | </li> |
|  | <li class="uowdf-mobile-menu\_\_list-item"> |
|  | <a href="[/lab-xray](https://health.uoregon.edu/lab-xray)" class="uowdf-mobile-menu\_\_link uowdf-mobile-menu\_\_link--leaf" data-drupal-link-system-path="node/37">Lab and X-ray</a> |
|  | </li> |
|  | </ul> |
|  | </div> |
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|  | </li> |
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|  | <li class="uowdf-mobile-menu\_\_list-item has-submenu is-leaflet"> |
|  | <button class="uowdf-mobile-menu\_\_accordion-button" data-depth="0">Mental Health</button> |
|  | <div class="uowdf-mobile-menu\_\_submenu" data-menu-id="2" data-parent-menu-id="0"> |
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|  | <ul class="uowdf-mobile-menu\_\_list"> |
|  |  |
|  | <li class="uowdf-mobile-menu\_\_list-item"> |
|  | <a href="[/mental-health](https://health.uoregon.edu/mental-health)" class="uowdf-mobile-menu\_\_link" data-drupal-link-system-path="node/20">Mental Health Overview</a> |
|  | </li> |
|  |  |
|  | <li class="uowdf-mobile-menu\_\_list-item"> |
|  | <a href="[/psychiatry](https://health.uoregon.edu/psychiatry)" class="uowdf-mobile-menu\_\_link uowdf-mobile-menu\_\_link--leaf" data-drupal-link-system-path="node/13">Psychiatry</a> |
|  | </li> |
|  | <li class="uowdf-mobile-menu\_\_list-item"> |
|  | <a href="<https://counseling.uoregon.edu/>" class="uowdf-mobile-menu\_\_link uowdf-mobile-menu\_\_link--leaf">Counseling</a> |
|  | </li> |
|  | </ul> |
|  | </div> |
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|  | </li> |
|  |  |
|  | <li class="uowdf-mobile-menu\_\_list-item has-submenu is-leaflet"> |
|  | <button class="uowdf-mobile-menu\_\_accordion-button" data-depth="0">Pharmacy</button> |
|  | <div class="uowdf-mobile-menu\_\_submenu" data-menu-id="3" data-parent-menu-id="0"> |
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|  | <ul class="uowdf-mobile-menu\_\_list"> |
|  |  |
|  | <li class="uowdf-mobile-menu\_\_list-item"> |
|  | <a href="[/pharmacy](https://health.uoregon.edu/pharmacy)" class="uowdf-mobile-menu\_\_link" data-drupal-link-system-path="node/12">Pharmacy Overview</a> |
|  | </li> |
|  |  |
|  | <li class="uowdf-mobile-menu\_\_list-item"> |
|  | <a href="<https://oregon.qualtrics.com/jfe/form/SV_ahpAKU4Ooonfsu9>" class="uowdf-mobile-menu\_\_link uowdf-mobile-menu\_\_link--leaf">Refill Your UO Prescription</a> |
|  | </li> |
|  | <li class="uowdf-mobile-menu\_\_list-item"> |
|  | <a href="<https://oregon.qualtrics.com/jfe/form/SV_3g8UlpaVRDjV79z>" class="uowdf-mobile-menu\_\_link uowdf-mobile-menu\_\_link--leaf">Request a Prescription Transfer</a> |
|  | </li> |
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|  | </div> |
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|  | </li> |
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|  | <li class="uowdf-mobile-menu\_\_list-item"> |
|  | <a href="[/dental](https://health.uoregon.edu/dental)" class="uowdf-mobile-menu\_\_link uowdf-mobile-menu\_\_link--leaf" data-drupal-link-system-path="node/39">Dental</a> |
|  | </li> |
|  |  |
|  | <li class="uowdf-mobile-menu\_\_list-item has-submenu is-leaflet"> |
|  | <button class="uowdf-mobile-menu\_\_accordion-button" data-depth="0">Physical Therapy</button> |
|  | <div class="uowdf-mobile-menu\_\_submenu" data-menu-id="5" data-parent-menu-id="0"> |
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|  | <ul class="uowdf-mobile-menu\_\_list"> |
|  |  |
|  | <li class="uowdf-mobile-menu\_\_list-item"> |
|  | <a href="[/physicaltherapy](https://health.uoregon.edu/physicaltherapy)" class="uowdf-mobile-menu\_\_link" data-drupal-link-system-path="node/40">Physical Therapy Overview</a> |
|  | </li> |
|  |  |
|  | <li class="uowdf-mobile-menu\_\_list-item"> |
|  | <a href="[/acupuncture](https://health.uoregon.edu/acupuncture)" class="uowdf-mobile-menu\_\_link uowdf-mobile-menu\_\_link--leaf" data-drupal-link-system-path="node/47">Acupuncture</a> |
|  | </li> |
|  | <li class="uowdf-mobile-menu\_\_list-item"> |
|  | <a href="[/massage](https://health.uoregon.edu/massage)" class="uowdf-mobile-menu\_\_link uowdf-mobile-menu\_\_link--leaf" data-drupal-link-system-path="node/46">Massage</a> |
|  | </li> |
|  | </ul> |
|  | </div> |
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|  | </li> |
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|  | <li class="uowdf-mobile-menu\_\_list-item has-submenu is-leaflet"> |
|  | <button class="uowdf-mobile-menu\_\_accordion-button" data-depth="0">New to UO?</button> |
|  | <div class="uowdf-mobile-menu\_\_submenu" data-menu-id="6" data-parent-menu-id="0"> |
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|  | <ul class="uowdf-mobile-menu\_\_list"> |
|  |  |
|  | <li class="uowdf-mobile-menu\_\_list-item"> |
|  | <a href="[/new-to-uo](https://health.uoregon.edu/new-to-uo)" class="uowdf-mobile-menu\_\_link" data-drupal-link-system-path="node/4">New to UO? Overview</a> |
|  | </li> |
|  |  |
|  | <li class="uowdf-mobile-menu\_\_list-item"> |
|  | <a href="[/immunization-requirements-students](https://health.uoregon.edu/immunization-requirements-students)" class="uowdf-mobile-menu\_\_link uowdf-mobile-menu\_\_link--leaf" data-drupal-link-system-path="node/21">Immunization Requirements</a> |
|  | </li> |
|  | <li class="uowdf-mobile-menu\_\_list-item"> |
|  | <a href="[/tuberculosis-screening-questionnaire](https://health.uoregon.edu/tuberculosis-screening-questionnaire)" class="uowdf-mobile-menu\_\_link uowdf-mobile-menu\_\_link--leaf" data-drupal-link-system-path="node/22">TB Risk Assessment</a> |
|  | </li> |
|  | <li class="uowdf-mobile-menu\_\_list-item"> |
|  | <button class="uowdf-mobile-menu\_\_accordion-button" data-depth="1">Insurance Requirements</button> |
|  | <div class="uowdf-mobile-menu\_\_submenu" data-menu-id="67" data-parent-menu-id="6"> |
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|  | <ul class="uowdf-mobile-menu\_\_list uowdf-mobile-menu--depth-2"> |
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|  | <li class="uowdf-mobile-menu\_\_list-item"> |
|  | <a href="[/insurance-requirements-international-students](https://health.uoregon.edu/insurance-requirements-international-students)" class="uowdf-mobile-menu\_\_link" data-drupal-link-system-path="node/54">Insurance Requirements Overview</a> |
|  | </li> |
|  |  |
|  | <li class="uowdf-mobile-menu\_\_list-item"> |
|  | <a href="[/uo-international-student-health-insurance-requirement-procedure](https://health.uoregon.edu/uo-international-student-health-insurance-requirement-procedure)" class="uowdf-mobile-menu\_\_link uowdf-mobile-menu\_\_link--leaf" data-drupal-link-system-path="node/69">UO International Student Health Insurance Requirement Procedure</a> |
|  | </li> |
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|  | <li class="uowdf-mobile-menu\_\_list-item has-submenu is-leaflet"> |
|  | <button class="uowdf-mobile-menu\_\_accordion-button" data-depth="0">Billing</button> |
|  | <div class="uowdf-mobile-menu\_\_submenu" data-menu-id="7" data-parent-menu-id="0"> |
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|  | <ul class="uowdf-mobile-menu\_\_list"> |
|  |  |
|  | <li class="uowdf-mobile-menu\_\_list-item"> |
|  | <a href="[/billing](https://health.uoregon.edu/billing)" class="uowdf-mobile-menu\_\_link" data-drupal-link-system-path="node/6">Billing Overview</a> |
|  | </li> |
|  |  |
|  | <li class="uowdf-mobile-menu\_\_list-item"> |
|  | <a href="[/costs-services](https://health.uoregon.edu/costs-services)" class="uowdf-mobile-menu\_\_link uowdf-mobile-menu\_\_link--leaf" data-drupal-link-system-path="node/26">Costs for Services</a> |
|  | </li> |
|  | <li class="uowdf-mobile-menu\_\_list-item"> |
|  | <a href="[/billing-options](https://health.uoregon.edu/billing-options)" class="uowdf-mobile-menu\_\_link uowdf-mobile-menu\_\_link--leaf" data-drupal-link-system-path="node/27">Billing Options</a> |
|  | </li> |
|  | <li class="uowdf-mobile-menu\_\_list-item"> |
|  | <a href="[/fees](https://health.uoregon.edu/fees)" class="uowdf-mobile-menu\_\_link uowdf-mobile-menu\_\_link--leaf" data-drupal-link-system-path="node/25">Fees</a> |
|  | </li> |
|  | </ul> |
|  | </div> |
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|  | </li> |
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|  | <li class="uowdf-mobile-menu\_\_list-item has-submenu is-leaflet"> |
|  | <button class="uowdf-mobile-menu\_\_accordion-button" data-depth="0">Insurance</button> |
|  | <div class="uowdf-mobile-menu\_\_submenu" data-menu-id="8" data-parent-menu-id="0"> |
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|  | <ul class="uowdf-mobile-menu\_\_list"> |
|  |  |
|  | <li class="uowdf-mobile-menu\_\_list-item"> |
|  | <a href="[/health-insurance](https://health.uoregon.edu/health-insurance)" class="uowdf-mobile-menu\_\_link" data-drupal-link-system-path="node/7">Insurance Overview</a> |
|  | </li> |
|  |  |
|  | <li class="uowdf-mobile-menu\_\_list-item"> |
|  | <button class="uowdf-mobile-menu\_\_accordion-button" data-depth="1">UO Student Insurance</button> |
|  | <div class="uowdf-mobile-menu\_\_submenu" data-menu-id="89" data-parent-menu-id="8"> |
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|  | <ul class="uowdf-mobile-menu\_\_list uowdf-mobile-menu--depth-2"> |
|  |  |
|  | <li class="uowdf-mobile-menu\_\_list-item"> |
|  | <a href="[/uo-student-insurance](https://health.uoregon.edu/uo-student-insurance)" class="uowdf-mobile-menu\_\_link" data-drupal-link-system-path="node/14">UO Student Insurance Overview</a> |
|  | </li> |
|  |  |
|  | <li class="uowdf-mobile-menu\_\_list-item"> |
|  | <a href="[/domestic-student-plan](https://health.uoregon.edu/domestic-student-plan)" class="uowdf-mobile-menu\_\_link uowdf-mobile-menu\_\_link--leaf" data-drupal-link-system-path="node/64">Domestic Student Plan</a> |
|  | </li> |
|  | <li class="uowdf-mobile-menu\_\_list-item"> |
|  | <a href="[/federal-tax-information](https://health.uoregon.edu/federal-tax-information)" class="uowdf-mobile-menu\_\_link uowdf-mobile-menu\_\_link--leaf" data-drupal-link-system-path="node/67">Federal Tax Information</a> |
|  | </li> |
|  | <li class="uowdf-mobile-menu\_\_list-item"> |
|  | <a href="[/insurance-special-situations](https://health.uoregon.edu/insurance-special-situations)" class="uowdf-mobile-menu\_\_link uowdf-mobile-menu\_\_link--leaf" data-drupal-link-system-path="node/63">Insurance for Special Situations</a> |
|  | </li> |
|  | <li class="uowdf-mobile-menu\_\_list-item"> |
|  | <a href="[/international-student-insurance-waivers](https://health.uoregon.edu/international-student-insurance-waivers)" class="uowdf-mobile-menu\_\_link uowdf-mobile-menu\_\_link--leaf" data-drupal-link-system-path="node/59">International Student Insurance Waivers</a> |
|  | </li> |
|  | <li class="uowdf-mobile-menu\_\_list-item"> |
|  | <a href="[/international-student-plan](https://health.uoregon.edu/international-student-plan)" class="uowdf-mobile-menu\_\_link uowdf-mobile-menu\_\_link--leaf" data-drupal-link-system-path="node/65">International Student Plan</a> |
|  | </li> |
|  | <li class="uowdf-mobile-menu\_\_list-item"> |
|  | <a href="[/law-student-plan](https://health.uoregon.edu/law-student-plan)" class="uowdf-mobile-menu\_\_link uowdf-mobile-menu\_\_link--leaf" data-drupal-link-system-path="node/66">Law Student Plan</a> |
|  | </li> |
|  | </ul> |
|  | </div> |
|  |  |
|  | </li> |
|  | <li class="uowdf-mobile-menu\_\_list-item"> |
|  | <a href="[/network-plans](https://health.uoregon.edu/network-plans)" class="uowdf-mobile-menu\_\_link uowdf-mobile-menu\_\_link--leaf" data-drupal-link-system-path="node/24">In-Network Plans</a> |
|  | </li> |
|  | <li class="uowdf-mobile-menu\_\_list-item"> |
|  | <button class="uowdf-mobile-menu\_\_accordion-button" data-depth="1">Understanding Insurance</button> |
|  | <div class="uowdf-mobile-menu\_\_submenu" data-menu-id="90" data-parent-menu-id="8"> |
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|  | <ul class="uowdf-mobile-menu\_\_list uowdf-mobile-menu--depth-2"> |
|  |  |
|  | <li class="uowdf-mobile-menu\_\_list-item"> |
|  | <a href="[/understanding-health-insurance](https://health.uoregon.edu/understanding-health-insurance)" class="uowdf-mobile-menu\_\_link" data-drupal-link-system-path="node/28">Understanding Insurance Overview</a> |
|  | </li> |
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|  | <li class="uowdf-mobile-menu\_\_list-item"> |
|  | <a href="[/how-insurance-works](https://health.uoregon.edu/how-insurance-works)" class="uowdf-mobile-menu\_\_link uowdf-mobile-menu\_\_link--leaf" data-drupal-link-system-path="node/29">How Insurance Works</a> |
|  | </li> |
|  | </ul> |
|  | </div> |
|  |  |
|  | </li> |
|  | <li class="uowdf-mobile-menu\_\_list-item"> |
|  | <a href="[/insurance-requirements-international-students](https://health.uoregon.edu/insurance-requirements-international-students)" class="uowdf-mobile-menu\_\_link uowdf-mobile-menu\_\_link--leaf" data-drupal-link-system-path="node/54">Insurance Compliance</a> |
|  | </li> |
|  | <li class="uowdf-mobile-menu\_\_list-item"> |
|  | <a href="[/oregon-contraceptivecare-ccare](https://health.uoregon.edu/oregon-contraceptivecare-ccare)" class="uowdf-mobile-menu\_\_link uowdf-mobile-menu\_\_link--leaf" data-drupal-link-system-path="node/82">Oregon ContraceptiveCare (CCare)</a> |
|  | </li> |
|  | </ul> |
|  | </div> |
|  |  |
|  | </li> |
|  |  |
|  | <li class="uowdf-mobile-menu\_\_list-item active-trail has-submenu is-leaflet"> |
|  | <button class="uowdf-mobile-menu\_\_accordion-button" data-depth="0">Well-Being</button> |
|  | <div class="uowdf-mobile-menu\_\_submenu" data-menu-id="9" data-parent-menu-id="0"> |
|  |  |
|  |  |
|  |  |
|  |  |
|  | <ul class="uowdf-mobile-menu\_\_list"> |
|  |  |
|  | <li class="uowdf-mobile-menu\_\_list-item"> |
|  | <a href="[/well-being](https://health.uoregon.edu/well-being)" class="uowdf-mobile-menu\_\_link" data-drupal-link-system-path="node/9">Well-Being Overview</a> |
|  | </li> |
|  |  |
|  | <li class="uowdf-mobile-menu\_\_list-item"> |
|  | <a href="[/duck-nest](https://health.uoregon.edu/duck-nest)" class="uowdf-mobile-menu\_\_link uowdf-mobile-menu\_\_link--leaf is-active" data-drupal-link-system-path="node/258" aria-current="page">Duck Nest</a> |
|  | </li> |
|  | <li class="uowdf-mobile-menu\_\_list-item"> |
|  | <a href="[/mental-well-being](https://health.uoregon.edu/mental-well-being)" class="uowdf-mobile-menu\_\_link uowdf-mobile-menu\_\_link--leaf" data-drupal-link-system-path="node/259">Mental Well-Being</a> |
|  | </li> |
|  | <li class="uowdf-mobile-menu\_\_list-item"> |
|  | <a href="[/physical-well-being](https://health.uoregon.edu/physical-well-being)" class="uowdf-mobile-menu\_\_link uowdf-mobile-menu\_\_link--leaf" data-drupal-link-system-path="node/260">Physical Well-Being</a> |
|  | </li> |
|  | <li class="uowdf-mobile-menu\_\_list-item"> |
|  | <button class="uowdf-mobile-menu\_\_accordion-button" data-depth="1">Sexual Well-Being</button> |
|  | <div class="uowdf-mobile-menu\_\_submenu" data-menu-id="100" data-parent-menu-id="9"> |
|  |  |
|  |  |
|  |  |
|  |  |
|  | <ul class="uowdf-mobile-menu\_\_list uowdf-mobile-menu--depth-2"> |
|  |  |
|  | <li class="uowdf-mobile-menu\_\_list-item"> |
|  | <a href="[/sexual-well-being](https://health.uoregon.edu/sexual-well-being)" class="uowdf-mobile-menu\_\_link" data-drupal-link-system-path="node/261">Sexual Well-Being Overview</a> |
|  | </li> |
|  |  |
|  | <li class="uowdf-mobile-menu\_\_list-item"> |
|  | <a href="[/protection-connection-safer-sex-guide](https://health.uoregon.edu/protection-connection-safer-sex-guide)" class="uowdf-mobile-menu\_\_link uowdf-mobile-menu\_\_link--leaf" data-drupal-link-system-path="node/72">Protection Connection Safer Sex Guide</a> |
|  | </li> |
|  | </ul> |
|  | </div> |
|  |  |
|  | </li> |
|  | </ul> |
|  | </div> |
|  |  |
|  | </li> |
|  |  |
|  | <li class="uowdf-mobile-menu\_\_list-item has-submenu is-leaflet"> |
|  | <button class="uowdf-mobile-menu\_\_accordion-button" data-depth="0">About</button> |
|  | <div class="uowdf-mobile-menu\_\_submenu" data-menu-id="10" data-parent-menu-id="0"> |
|  |  |
|  |  |
|  |  |
|  |  |
|  | <ul class="uowdf-mobile-menu\_\_list"> |
|  |  |
|  | <li class="uowdf-mobile-menu\_\_list-item"> |
|  | <a href="[/about](https://health.uoregon.edu/about)" class="uowdf-mobile-menu\_\_link" data-drupal-link-system-path="node/10">About Overview</a> |
|  | </li> |
|  |  |
|  | <li class="uowdf-mobile-menu\_\_list-item"> |
|  | <a href="[/faqs](https://health.uoregon.edu/faqs)" class="uowdf-mobile-menu\_\_link uowdf-mobile-menu\_\_link--leaf" data-drupal-link-system-path="node/34">FAQs</a> |
|  | </li> |
|  | <li class="uowdf-mobile-menu\_\_list-item"> |
|  | <a href="[/what-my-fee-pays](https://health.uoregon.edu/what-my-fee-pays)" class="uowdf-mobile-menu\_\_link uowdf-mobile-menu\_\_link--leaf" data-drupal-link-system-path="node/300">What My Fee Pays For</a> |
|  | </li> |
|  | <li class="uowdf-mobile-menu\_\_list-item"> |
|  | <a href="[/get-involved](https://health.uoregon.edu/get-involved)" class="uowdf-mobile-menu\_\_link uowdf-mobile-menu\_\_link--leaf" data-drupal-link-system-path="node/61">Get Involved</a> |
|  | </li> |
|  | <li class="uowdf-mobile-menu\_\_list-item"> |
|  | <a href="[/events](https://health.uoregon.edu/events)" class="uowdf-mobile-menu\_\_link uowdf-mobile-menu\_\_link--leaf" data-drupal-link-system-path="node/62">Events</a> |
|  | </li> |
|  | <li class="uowdf-mobile-menu\_\_list-item"> |
|  | <button class="uowdf-mobile-menu\_\_accordion-button" data-depth="1">Forms</button> |
|  | <div class="uowdf-mobile-menu\_\_submenu" data-menu-id="111" data-parent-menu-id="10"> |
|  |  |
|  |  |
|  |  |
|  |  |
|  | <ul class="uowdf-mobile-menu\_\_list uowdf-mobile-menu--depth-2"> |
|  |  |
|  | <li class="uowdf-mobile-menu\_\_list-item"> |
|  | <a href="[/forms](https://health.uoregon.edu/forms)" class="uowdf-mobile-menu\_\_link" data-drupal-link-system-path="node/32">Forms Overview</a> |
|  | </li> |
|  |  |
|  | <li class="uowdf-mobile-menu\_\_list-item"> |
|  | <a href="[/notice-privacy-practices](https://health.uoregon.edu/notice-privacy-practices)" class="uowdf-mobile-menu\_\_link uowdf-mobile-menu\_\_link--leaf" data-drupal-link-system-path="node/94">Notice of Privacy Practices</a> |
|  | </li> |
|  | <li class="uowdf-mobile-menu\_\_list-item"> |
|  | <a href="[/your-rights-and-responsibilities](https://health.uoregon.edu/your-rights-and-responsibilities)" class="uowdf-mobile-menu\_\_link uowdf-mobile-menu\_\_link--leaf" data-drupal-link-system-path="node/97">Your Rights and Responsibilities</a> |
|  | </li> |
|  | </ul> |
|  | </div> |
|  |  |
|  | </li> |
|  | <li class="uowdf-mobile-menu\_\_list-item"> |
|  | <a href="[/team](https://health.uoregon.edu/team)" title="Learn more about the University Health Services team" class="uowdf-mobile-menu\_\_link uowdf-mobile-menu\_\_link--leaf" data-drupal-link-system-path="team">Our Team</a> |
|  | </li> |
|  | <li class="uowdf-mobile-menu\_\_list-item"> |
|  | <a href="[/our-mission](https://health.uoregon.edu/our-mission)" class="uowdf-mobile-menu\_\_link uowdf-mobile-menu\_\_link--leaf" data-drupal-link-system-path="node/304">Our Mission</a> |
|  | </li> |
|  | <li class="uowdf-mobile-menu\_\_list-item"> |
|  | <a href="[/myuohealth](https://health.uoregon.edu/myuohealth)" class="uowdf-mobile-menu\_\_link uowdf-mobile-menu\_\_link--leaf" data-drupal-link-system-path="node/15">myUOHealth</a> |
|  | </li> |
|  | </ul> |
|  | </div> |
|  |  |
|  | </li> |
|  | </ul> |
|  |  |
|  | </nav> |
|  |  |
|  | <div class="uowdf-mobile-menu\_\_secondary-menus"> |
|  | <nav class="audience-selector collapse-menu collapse-menu--collapsed context--foreground-light" id="uowdf-mobile-menu\_\_audience-selector"> |
|  | <button class="uowdf-mobile-menu\_\_accordion-button" data-depth="0">myUOHealth</button> |
|  | <div class="uowdf-mobile-menu\_\_submenu" data-menu-id="99999998"> |
|  | <ul class="uowdf-mobile-menu\_\_list"> |
|  | <li class="uowdf-mobile-menu\_\_list-item"> |
|  | <a class="uowdf-mobile-menu\_\_link" href="<https://uoregon.medicatconnect.com/Shibboleth.sso/Login?entityID=https%3A//shibboleth.uoregon.edu/idp/shibboleth>">Login</a> |
|  | </li> |
|  | </ul> |
|  | </div> |
|  | </nav> |
|  |  |
|  |  |
|  | <nav class="utility-nav collapse-menu collapse-menu--collapsed context--foreground-light" id="uowdf-mobile-menu\_\_utility-links"> |
|  | <button class="uowdf-mobile-menu\_\_accordion-button" data-depth="0">Take Action</button> |
|  | <div class="uowdf-mobile-menu\_\_submenu" data-menu-id="99999999"> |
|  | <ul class="uowdf-mobile-menu\_\_list"> |
|  | <li class="uowdf-mobile-menu\_\_list-item"> |
|  | <a class="uowdf-mobile-menu\_\_link" href="[https://www.uoregon.edu/onestop?utm\_source=banner-module&amp;utm\_campaign=banner](https://www.uoregon.edu/onestop?utm_source=banner-module&utm_campaign=banner)">One Stop</a> |
|  | </li> |
|  | <li class="uowdf-mobile-menu\_\_list-item"> |
|  | <a class="uowdf-mobile-menu\_\_link" href="[https://uoregon.edu/apply?utm\_source=banner-module&amp;utm\_campaign=banner](https://uoregon.edu/apply?utm_source=banner-module&utm_campaign=banner)">Apply</a> |
|  | </li> |
|  | <li class="uowdf-mobile-menu\_\_list-item"> |
|  | <a class="uowdf-mobile-menu\_\_link" href="[https://visit.uoregon.edu?utm\_source=banner-module&amp;utm\_campaign=banner](https://visit.uoregon.edu/?utm_source=banner-module&utm_campaign=banner)">Visit</a> |
|  | </li> |
|  | <li class="uowdf-mobile-menu\_\_list-item"> |
|  | <a class="uowdf-mobile-menu\_\_link" href="[http://giving.uoregon.edu/s/1540/development/start.aspx?gid=2&amp;pgid=61?utm\_source=banner-module&amp;utm\_campaign=banner](http://giving.uoregon.edu/s/1540/development/start.aspx?gid=2&pgid=61?utm_source=banner-module&utm_campaign=banner)">Give</a> |
|  | </li> |
|  | </ul> |
|  | </div> |
|  | </nav> |
|  | </div> |
|  |  |
|  | </div> |
|  | </div> |
|  |  |
|  | <div class="dialog-off-canvas-main-canvas" data-off-canvas-main-canvas> |
|  | <div class="page"> |
|  |  |
|  | <header class="site-header" role="banner"> |
|  | <div class="site-header\_\_content"> |
|  |  |
|  |  |
|  |  |
|  |  |
|  | <h2 class="site-header\_\_site-name" id="site-name"> |
|  | <a href="[/](https://health.uoregon.edu/)" title="University Health ServicesHome" class="site-header\_\_site-link" rel="home"><span>University Health Services</span></a> |
|  | </h2> |
|  |  |
|  |  |
|  | </div> |
|  |  |
|  | </header> <div id="stickynav-waypoint"></div> |
|  |  |
|  | <div class="navigation-bar"> |
|  | <div class="region region-primary-menu"> |
|  |  |
|  | <nav role="navigation" aria-labelledby="block-cosmic-main-menu-menu" id="block-cosmic-main-menu" class="block block-menu navigation menu--main"> |
|  |  |
|  | <h2 class="visually-hidden" id="block-cosmic-main-menu-menu">Main navigation</h2> |
|  |  |
|  |  |
|  |  |
|  | <ul class="menu"> |
|  | <li class="menu-item menu-item--collapsed menu-item--depth-0"> |
|  | <a href="[/medical-care](https://health.uoregon.edu/medical-care)" data-drupal-link-system-path="node/5">Medical Care</a> |
|  | </li> |
|  | <li class="menu-item menu-item--collapsed menu-item--depth-0"> |
|  | <a href="[/mental-health](https://health.uoregon.edu/mental-health)" data-drupal-link-system-path="node/20">Mental Health</a> |
|  | </li> |
|  | <li class="menu-item menu-item--collapsed menu-item--depth-0"> |
|  | <a href="[/pharmacy](https://health.uoregon.edu/pharmacy)" data-drupal-link-system-path="node/12">Pharmacy</a> |
|  | </li> |
|  | <li class="menu-item menu-item--depth-0"> |
|  | <a href="[/dental](https://health.uoregon.edu/dental)" data-drupal-link-system-path="node/39">Dental</a> |
|  | </li> |
|  | <li class="menu-item menu-item--collapsed menu-item--depth-0"> |
|  | <a href="[/physicaltherapy](https://health.uoregon.edu/physicaltherapy)" data-drupal-link-system-path="node/40">Physical Therapy</a> |
|  | </li> |
|  | <li class="menu-item menu-item--collapsed menu-item--depth-0"> |
|  | <a href="[/new-to-uo](https://health.uoregon.edu/new-to-uo)" data-drupal-link-system-path="node/4">New to UO?</a> |
|  | </li> |
|  | <li class="menu-item menu-item--collapsed menu-item--depth-0"> |
|  | <a href="[/billing](https://health.uoregon.edu/billing)" data-drupal-link-system-path="node/6">Billing</a> |
|  | </li> |
|  | <li class="menu-item menu-item--collapsed menu-item--depth-0"> |
|  | <a href="[/health-insurance](https://health.uoregon.edu/health-insurance)" data-drupal-link-system-path="node/7">Insurance</a> |
|  | </li> |
|  | <li class="menu-item menu-item--collapsed menu-item--active-trail menu-item--depth-0"> |
|  | <a href="[/well-being](https://health.uoregon.edu/well-being)" data-drupal-link-system-path="node/9">Well-Being</a> |
|  | </li> |
|  | <li class="menu-item menu-item--collapsed menu-item--depth-0"> |
|  | <a href="[/about](https://health.uoregon.edu/about)" data-drupal-link-system-path="node/10">About</a> |
|  | </li> |
|  | </ul> |
|  |  |
|  |  |
|  |  |
|  |  |
|  | </nav> |
|  |  |
|  |  |
|  | </div> |
|  |  |
|  | <div class="region region-secondary-menu"> |
|  |  |
|  | <nav role="navigation" aria-labelledby="block-mainnavigation-menu" id="block-mainnavigation" class="block block-menu navigation menu--main"> |
|  |  |
|  | <h2 class="visually-hidden" id="block-mainnavigation-menu">Secondary Menu</h2> |
|  |  |
|  |  |
|  |  |
|  | <ul class="menu"> |
|  | <li class="menu-item menu-item--active-trail menu-item--depth-0"> |
|  | <a href="[/duck-nest](https://health.uoregon.edu/duck-nest)" data-drupal-link-system-path="node/258" class="is-active" aria-current="page">Duck Nest</a> |
|  | </li> |
|  | <li class="menu-item menu-item--depth-0"> |
|  | <a href="[/mental-well-being](https://health.uoregon.edu/mental-well-being)" data-drupal-link-system-path="node/259">Mental Well-Being</a> |
|  | </li> |
|  | <li class="menu-item menu-item--depth-0"> |
|  | <a href="[/physical-well-being](https://health.uoregon.edu/physical-well-being)" data-drupal-link-system-path="node/260">Physical Well-Being</a> |
|  | </li> |
|  | <li class="menu-item menu-item--collapsed menu-item--depth-0"> |
|  | <a href="[/sexual-well-being](https://health.uoregon.edu/sexual-well-being)" data-drupal-link-system-path="node/261">Sexual Well-Being</a> |
|  | </li> |
|  | </ul> |
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|  |  |
|  | </nav> |
|  |  |
|  |  |
|  | </div> |
|  |  |
|  | </div> |
|  |  |
|  | <main role="main"> |
|  | <a id="main-content" tabindex="-1"></a> |
|  | <div class="region region-highlighted"> |
|  | <div data-drupal-messages-fallback class="hidden"></div> |
|  |  |
|  |  |
|  | </div> |
|  |  |
|  |  |
|  |  |
|  | <div class="layout"> |
|  | <div class="layout\_\_content"> |
|  |  |
|  | <div class="region region-content"> |
|  | <div id="block-cosmic-page-title" class="block block-core block-page-title-block"> |
|  |  |
|  |  |
|  |  |
|  | <h1 class="page-title"><span class="field field--name-title field--type-string field--label-hidden">Duck Nest</span> |
|  | </h1> |
|  |  |
|  |  |
|  | </div> |
|  | <div id="block-cosmic-content" class="block block-system block-system-main-block"> |
|  |  |
|  |  |
|  |  |
|  | <article class="node node--type-marketing-page node--view-mode-full"> |
|  |  |
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|  |  |
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|  |  |
|  | <div class="node\_\_content"> |
|  |  |
|  | <div class="field field--name-field-envelopes field--type-entity-reference-revisions field--label-hidden field\_\_items"> |
|  | <div class="field\_\_item"> |
|  |  |
|  | <div class="envelope envelope--style-white envelope--standard"> |
|  | <div class="clearfix text-formatted field field--name-field-envelope-content field--type-text-long field--label-hidden field\_\_item"><h2 style="text-align: center;">Duck Nest Wellness Center</h2> |
|  |  |
|  | <h3 style="text-align: center;">The Duck Nest is your resource for self-care and life balance through peer-led mental, physical, and sexual well-being programming. We also connect you with resources within the UO community and beyond.</h3> |
|  |  |
|  | <p style="text-align: center;">Come into the Duck Nest space to sit and relax, drink some tea, create an aromatherapy packet, feel the warmth of the “happy lights,” or even access the nap/reset room. The Duck Nest is your on-campus space to relax and de-stress, recharge, connect with others, and access lots of resources such as cooking classes, food security resources, safer sex supplies, workshops, presentations, and more. Our Peer Wellness Facilitators help connect you to these and other resources, and provide student-driven well-being programs. The Duck Nest and its programming is focused on students and is accessible by anyone in the UO community with a UO ID, including faculty members and staff.</p> |
|  | </div> |
|  | </div> |
|  | </div> |
|  | <div class="field\_\_item"> |
|  |  |
|  | <div class="envelope envelope--style-yellow envelope--standard"> |
|  | <div class="clearfix text-formatted field field--name-field-envelope-content field--type-text-long field--label-hidden field\_\_item"><div class="grid grid--2col grid--50-50"><div class="grid\_\_item"><h3>Peer Support is Key</h3><p>Our Peer Wellness Facilitators also offer one-on-one support services for the UO student community. Students staff the space, provide the programming, and connect other students to campus and community resources. Whether it be SNAP enrollment assistance, or simply time to check in about whatever is going on in your life, Peer Wellness Facilitators are here to support you. Peer-to-peer support is a successful strategy cited widely in the literature to significantly improve health outcomes.</p></div><div class="grid\_\_item"><h3>What We Offer</h3><ul><li>Space to relax and de-stress</li><li>Workshops, presentations, and tabling events</li><li>One-on-one social connection</li><li>Mental well-being programming</li><li>Physical well-being programming</li><li>Sexual health supplies and resources</li><li>Cooking classes and other food resources</li><li>And more!</li></ul></div></div></div> |
|  | </div> |
|  | </div> |
|  | <div class="field\_\_item"></div> |
|  | <div class="field\_\_item"> |
|  |  |
|  | <div class="envelope envelope--style-green envelope--standard"> |
|  | <div class="clearfix text-formatted field field--name-field-envelope-content field--type-text-long field--label-hidden field\_\_item"><h2 class="text-align-center">Connect with Us</h2><div class="grid grid--3col"><div class="grid\_\_item"><p>Follow us on Instagram <a href="<https://www.instagram.com/uo_ducknest/>">@uo\_ducknest</a>, give us a call at 541-346-0570, or stop by the EMU, Room 041, to say hello.</p></div><div class="grid\_\_item"><p>Is your group interested in a Duck Nest presentation during a class or meeting? Would you like to request a Duck Nest table at your upcoming event? <a href="<https://oregon.qualtrics.com/jfe/form/SV_9M5jg4EPCFJiinY>">Submit an outreach request</a>.</p></div><div class="grid\_\_item"><p>Want to know more? <a href="mailto:ducknest@uoregon.edu">Email our current Peer Wellness Facilitators</a> and learn how you can get involved at the Duck Nest.</p></div></div></div> |
|  | </div> |
|  | </div> |
|  | <div class="field\_\_item"> |
|  |  |
|  | <div class="envelope envelope--style-lightgray envelope--standard"> |
|  | <div class="clearfix text-formatted field field--name-field-envelope-content field--type-text-long field--label-hidden field\_\_item"><div class="grid grid--3col grid--strict"><div class="grid\_\_item"><div class="uo-green-accent padded"><div class="uo-text-header-5 text-accent-uo-yellow">What We Offer</div><ul><li>Space to relax and de-stress</li><li>Workshops, presentations, and tabling events</li><li>One-on-one social connection</li><li>Sexual health resources</li><li>Cooking classes and food security resources</li><li>And more!</li></ul></div></div><div class="grid\_\_item grid--flex-center"><p><span class="uo-text-header-5 text-accent-uo-green">Duck Nest Spring Term Hours</span></p><ul class="list--label"><li><label>M </label><span>10:00 a.m.–4:00 p.m.</span></li><li><label>T </label><span>10:00 a.m.–4:00 p.m.</span></li><li><label>W </label><span>10:00 a.m.–4:00 p.m.</span></li><li><label>TH </label><span>10:00 a.m.–4:00 p.m.</span></li><li><label>F </label><span>10:00 a.m.–noon&nbsp;</span></li><li><label>S </label><span>CLOSED</span></li><li><label>SU </label><span>CLOSED</span></li></ul></div><div class="grid\_\_item"><p><span class="uo-text-header-5 text-accent-uo-green">Contact the Duck Nest</span><br>Erb Memorial Union,&nbsp;Room 041<br>(Ground level of the EMU)</p><ul class="cta-list"><li><span class="cta-button" itemprop="telephone">541-346-0570</span></li><li><a class="cta-button" href="mailto:ducknest@uoregon.edu">Email</a></li><li><a class="cta-button" href="<http://emu.uoregon.edu/map?location=DuckNest>" target="\_blank">Map</a></li></ul></div></div></div> |
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|  | <div class="site-footer"> |
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|  | <div class="site-footer\_\_custom-content"> |
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|  | <div class="grid\_\_item"> |
|  | <div class="collapse-menu collapse-menu--collapsed"> |
|  | <h3 class="collapse-menu\_\_title title">Division of Student Life</h3> |
|  |  |
|  | <ul class="collapse-menu\_\_list"> |
|  | <li class="collapse-menu\_\_item"><a href="[http://studentlife.uoregon.edu](http://studentlife.uoregon.edu/)">Division of Student Life</a></li> |
|  | <li class="collapse-menu\_\_item"><a href="[http://career.uoregon.edu](http://career.uoregon.edu/)">University Career Center</a></li> |
|  | <li class="collapse-menu\_\_item"><a href="[http://dos.uoregon.edu](http://dos.uoregon.edu/)">Office of the Dean of Students</a></li> |
|  | <li class="collapse-menu\_\_item"><a href="[http://emu.uoregon.edu](http://emu.uoregon.edu/)">Erb Memorial Union</a></li> |
|  | <li class="collapse-menu\_\_item"><a href="[http://holden.uoregon.edu](http://holden.uoregon.edu/)">Holden Center for Leadership and Community Engagement</a></li> |
|  | <li class="collapse-menu\_\_item"><a href="[http://rec.uoregon.edu](http://rec.uoregon.edu/)">Department of Physical Education and Recreation</a></li> |
|  | <li class="collapse-menu\_\_item"><a href="[http://families.uoregon.edu](http://families.uoregon.edu/)">Parent and Family Programs</a></li> |
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|  | <h3 class="collapse-menu\_\_title title">Student Services</h3> |
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|  | <li class="collapse-menu\_\_item"><a href="[https://financialaid.uoregon.edu](https://financialaid.uoregon.edu/)" title="Office of Financial Aid and Scholarships">Office of Financial Aid and Scholarships</a></li> |
|  | <li class="collapse-menu\_\_item"><a href="[https://registrar.uoregon.edu](https://registrar.uoregon.edu/)" title="Office of Financial Aid and Scholarships">Office of the Registrar</a></li> |
|  | <li class="collapse-menu\_\_item"><a href="[http://counseling.uoregon.edu](http://counseling.uoregon.edu/)">University Counseling Services</a></li> |
|  | <li class="collapse-menu\_\_item"><a href="[http://healthcenter.uoregon.edu](http://healthcenter.uoregon.edu/)">University Health Services</a></li> |
|  | <li class="collapse-menu\_\_item"><a href="[http://housing.uoregon.edu](http://housing.uoregon.edu/)">University Housing</a></li> |
|  | <li class="collapse-menu\_\_item"><a href="[http://testing.uoregon.edu](http://testing.uoregon.edu/)">University Testing Center</a></li> |
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|  | <div class="site-footer\_\_contact-info-container"> |
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|  | <div itemscope="" itemtype="http://schema.org/Organization"> |
|  | <span itemprop="name"><strong>University Health Services</strong></span><br> |
|  | <div itemprop="address" itemscope="" itemtype="http://schema.org/PostalAddress"> |
|  | <div itemprop="streetAddress">1590 E 13th Ave</div> <span itemprop="addressLocality">Eugene</span>, <span itemprop="addressRegion">OR </span> <span itemprop="postalCode">97403</span> <p> |
|  | <div class="site-footer\_\_phone-fax">P: <span itemprop="telephone">541-346-2770</span></div> <div class="site-footer\_\_phone-fax">P: <span itemprop="telephone">844-965-9250</span></div> </p> |
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|  | <p> |
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|  | <li itemprop="sameAs"> |
|  | <a href="<https://www.facebook.com/HealthyUO>" aria-label="Visit us on Facebook"> |
|  | <i class="fab fa-facebook-f" aria-hidden="true"></i> |
|  | </a> |
|  | </li> |
|  | <li itemprop="sameAs"> |
|  | <a href="<https://twitter.com/HealthCenterUO>" aria-label="Visit us on Twitter"> |
|  | <i class="fab fa-x-twitter" aria-hidden="true"></i> |
|  | </a> |
|  | </li> |
|  | <li itemprop="sameAs"> |
|  | <a href="<https://www.youtube.com/channel/UCJU8QMZOQ1II7W6oGi2U09w>" aria-label="Visit us on Youtube"> |
|  | <i class="fab fa-youtube" aria-hidden="true"></i> </a> |
|  | </li> |
|  | <li itemprop="sameAs"> |
|  | <a href="<https://www.instagram.com/HealthyUO>" aria-label="Visit us on Instagram"> |
|  | <i class="fab fa-instagram" aria-hidden="true"></i> </a> |
|  | </li> |
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|  | <link itemprop="url" style="visibility:hidden;" itemscope="//health.uoregon.edu"> |
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|  | <ul class="uofooter\_\_links-container"> |
|  | <li class="uofooter\_\_link"><a href="[https://uoregon.edu/reportaconcern?utm\_source=banner-module&amp;utm\_campaign=banner](https://uoregon.edu/reportaconcern?utm_source=banner-module&utm_campaign=banner)">Report a Concern</a></li> |
|  | <li class="uofooter\_\_link"><a href="[https://investigations.uoregon.edu/nondiscrimination?utm\_source=banner-module&amp;utm\_campaign=banner](https://investigations.uoregon.edu/nondiscrimination?utm_source=banner-module&utm_campaign=banner)">Nondiscrimination and Title IX</a></li> |
|  | <li class="uofooter\_\_link"><a href="[https://uoregon.edu/accessibility?utm\_source=banner-module&amp;utm\_campaign=banner](https://uoregon.edu/accessibility?utm_source=banner-module&utm_campaign=banner)">Accessibility</a></li> |
|  | <li class="uofooter\_\_link"><a href="[https://registrar.uoregon.edu/records-privacy?utm\_source=banner-module&amp;utm\_campaign=banner](https://registrar.uoregon.edu/records-privacy?utm_source=banner-module&utm_campaign=banner)">Privacy Policy</a></li> |
|  | <li class="uofooter\_\_link"><a href="[https://hr.uoregon.edu/jobs/available-positions?utm\_source=banner-module&amp;utm\_campaign=banner](https://hr.uoregon.edu/jobs/available-positions?utm_source=banner-module&utm_campaign=banner)">Careers</a></li> |
|  | <li class="uofooter\_\_link"><a href="[https://uoregon.edu/about?utm\_source=banner-module&amp;utm\_campaign=banner](https://uoregon.edu/about?utm_source=banner-module&utm_campaign=banner)">About</a></li> |
|  | <li class="uofooter\_\_link"><a href="[https://uoregon.edu/findpeople?utm\_source=banner-module&amp;utm\_campaign=banner](https://uoregon.edu/findpeople?utm_source=banner-module&utm_campaign=banner)">Find People</a></li> |
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|  | <div class="uofooter\_\_copyright-container"> |
|  | <span class="copyright"> |
|  | <span class="copyright-symbol">©</span> |
|  | <a href="[https://uoregon.edu?utm\_source=banner-module&amp;utm\_campaign=banner](https://uoregon.edu/?utm_source=banner-module&utm_campaign=banner)">University of Oregon</a>. |
|  | </span> |
|  | <span class="all-rights-reserved">All Rights Reserved.</span> |
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|  | <script type="application/json" data-drupal-selector="drupal-settings-json">{"path":{"baseUrl":"\/","pathPrefix":"","currentPath":"node\/258","currentPathIsAdmin":false,"isFront":false,"currentLanguage":"en"},"pluralDelimiter":"\u0003","suppressDeprecationErrors":true,"google\_analytics":{"account":"G-Q15C3RFXR5","trackOutbound":true,"trackMailto":true,"trackTel":true,"trackDownload":true,"trackDownloadExtensions":"7z|aac|arc|arj|asf|asx|avi|bin|csv|doc(x|m)?|dot(x|m)?|exe|flv|gif|gz|gzip|hqx|jar|jpe?g|js|mp(2|3|4|e?g)|mov(ie)?|msi|msp|pdf|phps|png|ppt(x|m)?|pot(x|m)?|pps(x|m)?|ppam|sld(x|m)?|thmx|qtm?|ra(m|r)?|sea|sit|tar|tgz|torrent|txt|wav|wma|wmv|wpd|xls(x|m|b)?|xlt(x|m)|xlam|xml|z|zip"},"ajaxTrustedUrl":{"\/search\/node":true},"user":{"uid":0,"permissionsHash":"fa3d5839e537484463d02c6edcc076919dd94f17b0590053f024eb1ac4ad61bb"}}</script> |
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|  | <script src="<https://cdn.uoregon.edu/uocdn1/uo-web-design-framework/Releases/24.07/v1/js/uowdf-jscore-d8.min.js>"></script> |
|  | <script src="[/sites/default/files/js/js\_PTSwnhOr144Z\_EBY-V95dD4G2CW1HtGA2w4\_iyA38yA.js?scope=footer&amp;delta=2&amp;language=en&amp;theme=cosmic&amp;include=eJyFy1EKgCAQhOELtXQkWW1aJHXDVaTbhy89RNDj\_HwjqpLguHC6Wgy2yissXV3QirUrDXjaYFEK7ZUzhtaDYontFwXNZ0LDhGbIj57j--LZcAMs0z1L](https://health.uoregon.edu/sites/default/files/js/js_PTSwnhOr144Z_EBY-V95dD4G2CW1HtGA2w4_iyA38yA.js?scope=footer&delta=2&language=en&theme=cosmic&include=eJyFy1EKgCAQhOELtXQkWW1aJHXDVaTbhy89RNDj_HwjqpLguHC6Wgy2yissXV3QirUrDXjaYFEK7ZUzhtaDYontFwXNZ0LDhGbIj57j--LZcAMs0z1L)"></script> |
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